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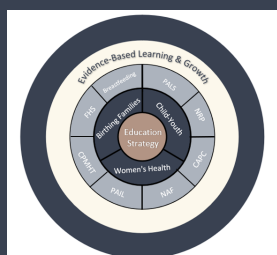
Network News Issue #25 -December 2023

**Happy Holidays!**



# Women & Children's Health Network

CENTRAL REGION NORTH



## Network-sponsored S.T.A.B.L.E. Course

Course 4 of 5: GBGH Feb 22nd & 23rd 2024 0830-1630

This year, the Network has sponsored 5 S.T.A.B.L.E. courses across the region. There will be one additional course two-days in duration held in Muskoka (Date TBD). These courses include one day of content followed by a second day of simulation/hands-on.

These courses are recommended for clinicians working in level one hospitals.

Courses are open to all RNs, RPNs, and RRTs working in hospital settings in Central Region North + Parry Sound (CGMH, GBGH, MAHC, OSMH, RVH, SMH, WPSHC).

**Register today!** There are 10 sponsored seats per course.

**Registration link for the two-day course at GBGH is found below.**

[S.T.A.B.L.E Course Information and REGISTRATION FORM](#)



## Regional Leadership Opportunity

Birthing Families Working Group: Expression of Interest - Chair Position

We are presently recruiting for the volunteer leadership position for the Birthing Families Working Group. If you are interested in this position, would like to nominate a peer, or have questions about this

opportunity, please reach out to Marnie Lightfoot at [MALightfoot@osmh.on.ca](mailto:MALightfoot@osmh.on.ca).

The Network would like to extend a sincere thank you to Lynne-Marie Culliton who has held this position over the last 2 years.



## Newborn Passport Survey

Feedback requested: [HERE](#)

In October 2022, the Network developed a regional *Newborn Passport* to support follow up appointments after hospital discharge. We are looking for feedback from leaders, healthcare providers, and families on passport use and any suggestions you have to improve it (4 short questions).



## First exposure is launched!

Reputable resource for families and providers: Medications and substances in pregnancy

"First Exposure at the University of Toronto is a digital information hub and research network providing evidence-based information to the public and health care providers on the safety of medications, plant and environmental substances and other exposures during pregnancy and lactation. The program is based at the Dalla Lana School of Public Health through the generous support and vision of the Vohra Miller Foundation.

The vision of First Exposure is to be Canada's trusted bilingual source of evidence-based reproductive and lactation health information on exposures. Our mission is to evaluate and communicate the safety of medication and substance exposures in an accessible way to individuals and communities, so they can make informed choices within their own, unique and culturally safe contexts".

[More information on First Exposure: Youtube video link](#)



## PAIL Network Compassionate Care Workshops

December 8th & 15th

**Date/Time:** Friday December 8, 2023 / 9:00 a.m. – 4:00 p.m.

**Hosted by:** Orillia Soldiers Memorial Hospital – Quality and Interprofessional Practice

**Location:** Virtual

**Date/Time:** Friday December 15th, 2023 8:00am - 4:00pm (food and drinks provided)

**Hosted by:** Hospice Huronia, Tomkins House Palliative Care/Grief & Bereavement

**Location:** Georgian Bay Cancer Support Centre, 45 Edward Street, Penetanguishene, ON L9M 1J8

PAIL Workshop sign up



## 2SLGBTQ Parenthood, Postpartum and Newborn Care Course

January 17, 2024, 10 a.m. – 1 p.m.

**Are you:**

- A health care provider such as a doctor, nurse, midwife, social worker?
- Interested in learning about 2SLGBTQ postnatal and parental health and care?

Rainbow Ontario Health is seeking providers to share feedback on the fourth pilot course in our Sexual and Reproductive Health Education for Providers Across Canada series. 2SLGBTQ Parenthood, Postpartum and Newborn Care is an innovative course that shares best practices with 2SLGBTQ patients and includes discussions around chest feeding, lactation, mental health, and legal obstacles for 2SLGBTQ parents

This course is part of RHO's *Sexual and Reproductive Health Education for Providers Across Canada* series, funded by Health Canada.

*Please note: RHO's course 2SLGBTQ Foundations is a required pre-requisite for this course. We are offering providers interested in the pilot course free access to 2SLGBTQ Foundations.*

To register or learn more, email [epecjak@rainbowhealthontario.ca](mailto:epecjak@rainbowhealthontario.ca)

Course information poster access [HERE](#)



### Season's Greetings

The Women and Children's Health Network is grateful for your dedicated partnership, innovative collaboration, and *purposeful community connections* that have been further developed over 2023. We look forward the opportunities that 2024 will bring.

*Wishing you and your family peace, joy, and warmest wishes for a festive holiday season and a healthy new year.*

With gratitude.

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Women and Children's Health Network · 170 Colborne St W · Orillia, ON L3V 2Z3 · Canada

