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Network News Issue #16 - March 2023



Women & Children's Health Network

CENTRAL REGION NORTH



International Women's Day March 8th, 2023

This March, we take a moment to celebrate the social, economic, cultural, and political achievements of women. The day also marks a call to action for #EmbracingEquity.

For events happening across Ontario, see International Women's Day website:
[LINK HERE](#)

What is our Network doing to support Women's Health?

Some examples include:

- Disseminating [pregnancy loss and complications patient resources](#) to Emergency departments, Surgical services and Obstetrics departments across the region
- Advocating for a regional midwifery-led early pregnancy assessment clinic
- Developing community lending libraries for pregnancy loss resources (starting in Muskoka)
- Working to increase access to abortion care close to home
- Exploring cervical cancer screening and contraception access to care gaps
- Supporting regional roll out of the [Provincial Council for Maternal Child Health perinatal mental health pathway](#)



The Network's Patient and Family Advisors

As we transition to a new planning year in April, we reflect on the work done over the last 12 months. One of the accomplishments that Network members should boast about is our growth in Patient and Family Advisors.

In addition to the ongoing support from the Morrison family, we have had Nicole, Candice, Melissa, Amber, Sarah, and Izabella join as new Patient and Family Advisors over the last year. We are fortunate to have these 6 passionate women join our Network.



Menopause Management Webinar
Tuesday, March 7th 7:00 p.m. - 8:00 p.m.

- Understand the simple approach to managing patient's peri- and post-menopausal symptoms
- Discuss how to counsel patients on different Menopausal Hormone Therapy options and patient case discussions

Poster is available at end of newsletter with information on speakers and host.



Women and Children's Health Network Spring Forum

~ SAVE THE DATE ~

June 1st 12:30 - 4:30 pm

@ Chigamik Community Health Centre, Midland

More information to follow.



The Network Welcomes New Child-Youth Working Group Chair

Natalie Sherrit

Natalie is the manager of the NICU and Paediatric programs at RVH. She is an registered nurse by background and has been in the field for almost 20 years. Natalie started her career at the Hospital for Sick Children in the Cardiac Critical Care Unit. After 15 years of commuting, in 2017 she made the transition to RVH to be closer to home. At RVH she started as a resource nurse for paediatrics and NICU, then moved into the manager role in 2019. Natalie's focus while in this role has been to support care closer to home; initiating clinical pathways for sedated auditory brainstem response and EEG procedures, launching the maternal newborn clinic and the IV infusion clinic. She sits on many committees including the Women & Children's Health Network resource committee and the Child & Youth working group. In her personal time she enjoys running, completing her first half marathon in 2022, and spending time on either the ski hill or golf course with her two boys and husband.



Fetal Health Surveillance Course Offering

May 3rd at OSMH - Sponsored by the OSMH HIROC Grant

Registration information can be found in link below.

[Menopause Webinar Information](#)

[Registration Information Fetal Health Surveillance Course \(OSMH\)](#)



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