



Women & Children's
Health Network

Semi-Annual Report

FALL/WINTER 2025/26

REPORT HIGHLIGHT

Governance has been a key focus this Fall and Winter. The transition from the WCHN Steering Committee to the WCHN/OH Central Steering Committee reflects our commitment to stronger regional collaboration. As part of this evolution, WCHN expanded from the Central Region North to the full Central Region, welcoming Halton Healthcare, Mackenzie Health, Oak Valley Health, Southlake Regional Health Centre, Trillium Health Partners, and William Osler Health System.

KEY ACHIEVEMENTS

- ★ The Regional Mobile Perinatal and Reproductive Healthcare Pilot initiated in February; a partnership with BANAC Mamaway Wiidokdaadwin and Orillia Midwives
- ★ Also in February, WCHN hosted an SOGC ALARM course; 25 participants attended
- ★ Three new tables initiated: OH Central's Perinatal Table, a Midwifery Community of Practice, and an Emergency Department Paediatric (EDPR) Task Force

PROGRESS UPDATE

19

Participants joined our third offering of Behavioural Activation training to strengthen access to Perinatal Mental Healthcare (4 train the trainer)

100

Participants joined WCHN's in person Fall Forum in October

2

L.E.A.R.N Hub education modules soft launched with more to follow in the Spring

Next up: Exciting work ahead!

- WCHN has joined [CanOSS](#) research efforts to progress the strategy for a first Ontario-wide, then nation-wide survey system to capture pregnancy-related morbidity data
- Work is ongoing with BORN Ontario to increase access to regional birthing data to enhance WCHN's Performance Measurement Strategy

Regional Mobile Perinatal & Reproductive Healthcare Pilot

Capacity Building: one pillar of the Pilot - *Upcoming Education Opportunities:*

- [Indigenous Cultural Safety Training: Foundations in Cultural Safety \(Virtual\)](#)
- [Gdaankoobijiganaanig Program \(In Person\)](#): A culturally grounded learning opportunity for those supporting Indigenous perinatal care
- For Midwives: POCUS Ultrasound Training (In-person with Dr. Ashley Kirkwood); *Save the date: May 6th 1-4pm, June 5th 9am-12pm, June 22nd 1-4pm*
 - Plus an online POCUS course & manual
 - Three new portable ultrasound units now available in our region (accessible through Orillia Midwives and this pilot)
- For Physicians & Midwives: Perinatal Ask Masi Evening Engagement Event with Dr. Jasmine Ghandi, Perinatal Mental Health Psychiatrist from The Ottawa Hospital; *Save the date May 25th 6-9pm; CMEs for this event*
Additional details available in WCHN's [April Network Newsletter](#)

Leadership Update: Regional Director, Marnie Lightfoot, will be transitioning to Stevenson Memorial Hospital effective April 27th. Laura Ferris will be interim covering Regional Director.

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Check out our new website!

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