



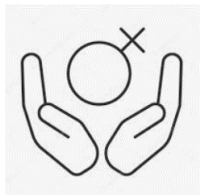
NEWS NETWORK

North Simcoe Muskoka Regional Women & Children

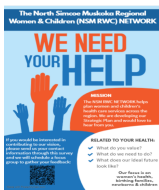
ISSUE NO. 8

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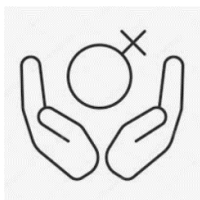


Community Engagement—Poster to be Shared



SMDHU Online Breastfeeding Groups—Information to be Shared

Pregnancy Loss/Complications—Update



The Network is committed to ensuring all people within the region have access to high quality Early Pregnancy Loss/Complications Services.

What has been happening?

The Women’s Health Working Group now has a sub-group or “Task Force” committed to making positive changes to pregnancy loss and complication experiences. The first meeting was held June 2022 with 2 Patient and Family Advisors with lived experiences assisting to lead this work.

With improved patient experience as our primary aim, we are exploring team education opportunities, standardized resources for patients & families, and options for comprehensive follow up care. If you are interested in joining the Network’s Pregnancy Loss and Complications Task Force, please reach out to MALightfoot@osmh.on.ca

Community Engagement—Poster to be Shared



Over the next few months, the Network will be engaging with members of the community in order to develop a strategic plan that is reflective of the voice of patients and families within the region. The Community Engagement Subcommittee has been planning focus groups to gather perspectives to build on what was gathered during the Network strategic planning sessions in March.

We are asking for your assistance with *posting copies of the attached “We Need Your Help” posters in your respective departments and sharing by word of mouth.*

Thank you in advance for your assistance with this task.

SMDHU Online Breastfeeding Groups - Information to be Shared



The SMDHU recently started an Online Breastfeeding Group; it is a place for new parents living in Simcoe County and the District of Muskoka to talk, share and encourage each other during their breastfeeding experience.

Public Health Nurses are present to provide support and answer questions on infant feeding, infant care, development stages and parenting.

Groups are: Wednesdays from 10:30 am-noon and 1-2:30 pm. Registration is required and can be accessed at www.simcoemuskokahealth.org/obg.

All sessions are online using Microsoft Teams. Once registered, parents will receive weekly email reminders. Parents can choose each week which time slot, morning or afternoon works best for them and for their infants/children.

Feedback on this issue? Is there upcoming education opportunities or News you would like to share with the Network?

Questions/comments: Marnie Lightfoot, Director—NSM RWC Network MALightfoot@osmh.on.ca