

Semi-Annual Report

WINTER 2024/25

REPORT OVERVIEW

Education has been a top priority for the Network over the Fall and Winter months. Continued progress has been made in perinatal mental health with increased care access and pathway development. Regional data dashboards have been developed to guide regional work.

KEY ACHIEVEMENTS

- ★ Hired Regional Quality Experience Leaders to support education and standardization (1 temporary, 1 permanent position), plus administrative support
- ★ Regional core competencies for paediatrics and obstetrics developed
- ★ 19 clinicians trained across the region to offer perinatal mental health support (Behavioural Activation)
- ★ Regional Perinatal Mental Health Strategy profiled by [BORN Ontario](#)

PROGRESS UPDATE

9

Site visits to all hospitals
and public health

3

Modules drafted to
standardize onboarding and
orientation (New regional
learning management
system - in progress)

30

Clinicians supported to receive
continued education (core
courses/new instructors)
+ 3 group education events

Progress Reflections

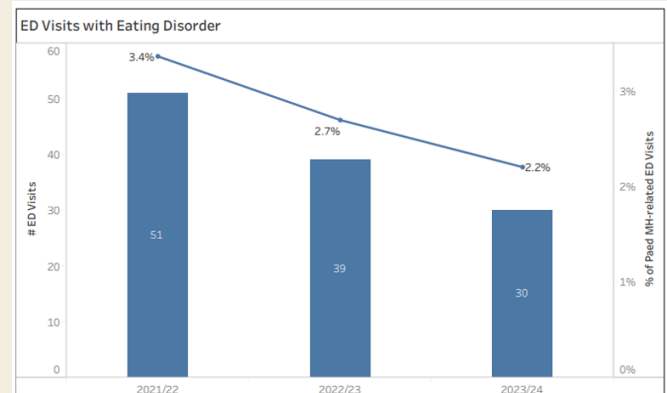
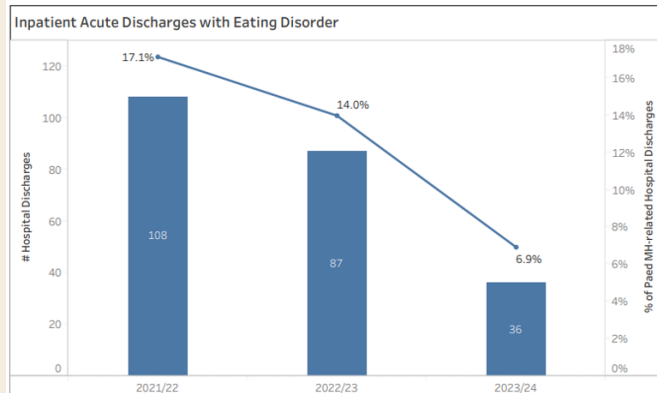
CHILDREN-YOUTH: EATING DISORDERS

PRIORITY

1) Simcoe Muskoka Regional Eating Disorders Program (SMREDP)

HIGHLIGHTS

- Pandemic recovery and our region's new outpatient SMREDP have led to a reduction in eating disorder emergency department visits and acute inpatient visits



Data source: Intellihealth (includes all WCHN hospitals)

PREGNANCY COMPLICATIONS & LOSS

PRIORITY

1) Pregnancy Complications & Loss Task Force

HIGHLIGHTS

- Fall provincial workshop (PAIL/PCMCH/BORN); Network PFAC member participated in lived experience patient panel
- Little Loss Library initiative profiled on [YourTV Muskoka](#)
- New Emergency Department toolkit developed

Recognition & Welcome

WCHN PFAC TEAM

- Seven dedicated community members are at the heart of our regional work. They are integral to our accomplishments and their stories drive our priority work.

OH CENTRAL PAEDIATRIC LEAD

- This Fall, OH Central Region welcomed Dr. Jonathan Sam, Regional Paediatric Lead (new role within central region)