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Network News Issue #18 - May 2023



## Women & Children's Health Network

CENTRAL REGION NORTH



### Network Launches Social Media Strategy

[Instagram](#), [Facebook](#), [Twitter](#), & [LinkedIn](#)

The Network has been doing some great work and it is time to connect more

broadly. Starting this month, you can follow our communications; share, like, comment, and encourage colleagues, friends and family to do the same! We are excited to respond to what we have heard from the community. They want to know where and how to access reputable health care information.

If you have something you would like us to share via social media, please send along to [Networkfeedback@osmh.on.ca](mailto:Networkfeedback@osmh.on.ca).

To participate in our new **Resource and Service Access Task Force** and help build and brainstorm ways to support families gaining access to reputable healthcare information and services, please complete this [Expression of Interest HERE](#). Nominating new people not currently Network members is also welcomed!

WEBSITE COMING SOON



### Network Members Join Kids Health Alliance (KHA)

**Evidence-Based Learning and Growth**

KHA is happy to welcome CGMH, GBGH, MAHC, and WPSHC as paediatric education partners! The four community hospitals are joining OSMH and RVH (existing members of KHA). As a region, we acknowledge the foundational importance in paediatric healthcare provider education.

We are looking forward to the upcoming online sessions - DKA (Assessment/Recognition, Management, and Nursing Skills) and Mental Health (Communication and Assessment, Safety Planning, De-escalation). KHA designs these sessions with “train-the-trainer” in mind and encourages you to identify champions to attend. If you haven't received the invites, please reach out to Christina at: [christina.chung@kidshealthalliance.ca](mailto:christina.chung@kidshealthalliance.ca). Resources and these sessions will also be available on the KHA website.

#worldMMHday

# World Maternal Mental Health Day

Global Partners

STRONGER TOGETHER

Supporting women worldwide on our journey  
through Maternal Mental Health Care

Wednesday 3 May 2023

The Government of Canada funds the first ever national perinatal mental health guidelines. Read more [HERE](#)



## SMDHU Breastfeeding Surveillance Update

The Simcoe Muskoka District Health Unit (SMDHU) last completed surveillance of local breastfeeding data indicators in 2019 as part of maintaining Baby Friendly Initiative designation through the Breastfeeding Committee of Canada. The findings from this surveillance, [Feeding Babies in Simcoe Muskoka](#), was shared with local partners in the fall of 2020. SMDHU will resume surveillance activities later this year and looks forward to collaboratively re-engaging in work that supports, promotes and protects breastfeeding in the communities we serve.

**REGISTER For The June 1st NETWORK  
SPRING FORUM HERE**

**PCMCH Annual Report 2022/23**



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