Women & Children's Health Network
CENTRAL REGION NORTH

Semi-Annual Report

SUMMER 2025

REPORT OVERVIEW

Summer marks the launch of WCHN's new Provider Care Pathway for Perinatal Mental Health (PMH), PMH community resource, RSV toolkit, and RSV social media campaign. A new L.E.A.R.N. clinical education hub is also under development. Planning of WCHN's Fall Forum, *Cultivating Safe Pathways to Healing,* is underway, which will focus on the topics of human trafficking, sexual assault and domestic violence, and perinatal mental health.

KEY ACHIEVEMENTS

- Headwaters Health Care Centre joined WCHN in June.
- **New** Provider Care Pathway for Perinatal Mental Health launched in July. Now available on WCHN's website.
- **New** regional resource for community members experiencing PMH concerns: "I am feeling" guide. Now available on WCHN's website.
- **New** RSV Toolkit and Social Media Campaign launched.

PROGRESS UPDATE

11

Central region hospital site visits with Ontario Health partners

31

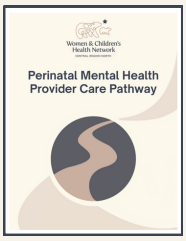
Clinicians across the region trained in Behavioural Activation

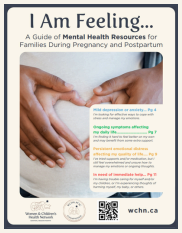
10

L.E.A.R.N education modules drafted for birthing (4) and paediatrics (6)

Next up: Exciting work ahead!

- Fall Forum October 7th Horseshoe Valley Resort - Registration: few seats remaining. Email Networkfeedback@osmh.on.ca if interested in attending
- WCHN is working on Network expansion support to Central Region south
- A regional mobile maternity care funding proposal has been submitted in partnership with BANAC (awaiting outcome)
- WCHN is presenting a poster at the PAIL Conference in September: *Little Loss Library: A Shared Shelf for Healing Hearts* and will be providing pregnancy loss and complications in person education to regional partners
- WCHN joined CanOSS this Spring in a 3-day event to explore the feasibility of a Standardized Obstetric Survey System - Work will continue this Fall





Links to Key Documents

- Provider Care Pathway for Perinatal Mental Health
- "I am feeling" guide
- RSV Toolkit

For RSV Social Media Campaign:

Follow us on Social Media!

CLICK THE ICONS BELOW

Check out our new website!

WWW.WCHN.CA