

## Network Functional Priorities & Strategic Pillars

Evidence-Based Learning and Growth

Supportive and Inclusive Connections

Service and Resource Accessibility

## Clinical Priorities (Birthing Families Working Group)

Perinatal Mental Health

Family-Centred Birthing

*An Integrated Approach to Better Care*

**Work Plan – Birthing Families Working Group (WCH Network)**  
April 2023-March 2024

Key Priority	Description of Activities	Activities by Quarter	Outcome/Deliverable
<b>Evidence-Based Learning and Growth; Supportive and Inclusive Connections</b>	Education; Utility of regional partners to support	<p><b>Q1-</b> Spring Regional Network Forum, MoreOB: exploration of experiences and sharing of work in progress/complete, support rollout of HIROC grant work (Oxytocin toolkit)</p> <p><b>Q2-</b> Continue to foster level 1/level 2 mentorship and support (inclusive of OB orientation), advocacy for additional education support</p> <p><b>Q3-</b> Foundational courses to be made readily accessible for registration (in one location), begin 2024/25 work planning</p> <p><b>Q4-</b> Explore additional education opportunities and spread across region; evaluate Q1-Q4 activities, finalize plan for 2024/25</p>	<ul style="list-style-type: none"> <li>• Spring Forum</li> <li>• Education hub</li> </ul>
<b>Service and Resource Accessibility</b>	Advocacy; Support; Technology advancements	<p><b>Q1-</b> Perinatal Mental Health (PMH) advocacy, support walk/events, explore and profile any new services/resources, explore peer support options, including new peer support for region/partnership with Life with a Baby peer support network and existent programs</p> <p><b>Q2-</b> explore options for resource, service and information dissemination i.e create social media presence/public facing website, advocacy for PMH program expansion; benchmarking program</p> <p><b>Q3 -</b> work on implementing solutions to enhance service/resource access, i.e. visit back to basics (for families and staff), what to expect, pelvic physio, begin 2024/25 work planning</p> <p><b>Q4-</b> evaluate Q1-Q4 activities, finalize plan for 2024/25</p>	<ul style="list-style-type: none"> <li>• Peer support coordination</li> <li>• Resource/service hub</li> </ul>
<b>Service and Resource Accessibility; Evidence-Based Learning and Growth – PCMCH Perinatal Mental Health Care and Pathway</b>	Best practice implementation; Knowledge translation	<p><b>Q1-</b> Establishment of PMH Task Force initiated in Q4 22/23, develop and finalize Task Force workplan</p> <p><b>Q2-</b> Increase awareness to who is providing services, eReferral or info hub? (i.e. regional PMD Coordinator, SMDHU, Bria, walk in counselling (i.e. Chigamik Tuesdays), support groups, others)</p> <p><b>Q3-</b> work on implementing solutions to enhance PMH service/resource access; additional training and plan for CPMHT offerings in centralized location; begin 2024/25 work planning</p> <p><b>Q4-</b> evaluate Q1-Q4 activities, finalized plan for 2024/25</p>	<ul style="list-style-type: none"> <li>• PMH Task Force</li> </ul>

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Key Priority	Description of Activities	Activities by Quarter	Outcome/Deliverable
<b>Service and Resource Accessibility;</b> Family-Centred birthing	Patient and family experience	<p><b>Q1</b> – Brainstorm ideas for enhancements to family-centred birthing clinical priority, examples: birthing and follow-up experience - clear drapes for ORs, explore option of transitioning baby straight to mom from surgeon, pt positioning, epidural effectiveness, improvement recommendations for 6-week PP follow up, spousal support actions/initiatives</p> <p><b>Q2</b> – Develop plan for focused activities based on brainstorming outcome and best practices</p> <p><b>Q3</b> - Evaluation of newborn passport (staff, credentialed staff, families) implemented in Q3 2022/23; modify according to feedback begin 2024/24 work planning</p> <p><b>Q4</b>- evaluate Q1-Q4 activities, finalized plan for 2024/25</p>	<ul style="list-style-type: none"> <li>• Patient and family experience outcomes/ deliverables TBD</li> </ul>
Feasibility of utilizing OTN between level 1 and level 2s to be explored – gleam insights from CGMH/HSC pilot			