

FUNDAMENTALS OF FETAL HEALTH SURVEILLANCE

PROGRAM LEVEL	FUNDAMENTALS
TARGET AUDIENCE	<p>Fundamentals: This program is intended for interprofessional health care providers who want to learn, review and apply <i>fundamental</i> concepts related to fetal health surveillance in labour.</p> <p><i>This course is not appropriate for the inexperienced practitioner.</i> (recommend 6 months experience with fetal monitoring)</p>
DESCRIPTION	<p style="text-align: center;">1-day Fundamentals of FHS Program consists of 2 parts:</p> <p style="text-align: center;">Review of the online Fundamentals of Fetal Health Surveillance – A Self-Learning Manual https://www.cpd.med.ubc.ca/learn/learning-activities/course?eventtemplate=22 and successful completion of the Canadian Fetal Health Surveillance (FHS) Online Exam is required prior to attending the workshop.</p> <ol style="list-style-type: none"> 1. The FHS exam certificate of completion must be sent to pinnegar.rachel@gmail.com 2 working days prior to the workshop. You will not be able to attend the workshop without submitting the certificate. The Canadian Fetal Health Surveillance (FHS) Online Exam is available for purchase under the Final Evaluation tab in the online Fundamentals of Fetal Health Surveillance – A Self-Learning Manual. The cost of the online exam (30\$). <p style="text-align: center;">Please note the reading of the online manual and completion of the online exam may take you up to 8-10 hours, please plan accordingly.</p> <ol style="list-style-type: none"> 2. Attendance and participation of the Fundamentals of FHS workshop
OBJECTIVES	<ol style="list-style-type: none"> 1. Describe the Canadian recommendations for fetal health surveillance during labour. 2. Identify the definitions, characteristics, etiology, physiology/pathophysiology of IA, intrapartum EFM and NST findings. 3. Apply FHS classification and interpretation to IA, intrapartum EFM and NST findings within the whole clinical picture for decision making. 4. Describe the appropriate clinical management/response for prevention and/or correction of abnormal IA, atypical/abnormal intrapartum EFM and NST findings. 5. Describe antenatal surveillance techniques including fetal movement counting, NST, and biophysical profile. 6. Discuss teamwork, communication and documentation as they relate to fetal health surveillance and perinatal outcomes.
EVALUATION	<p>Successful completion of the Canadian Fetal Health Surveillance (FHS) Online Exam 2 days prior to the workshop.</p>
CONTACT	<p>Rachel Pinnegar at pinnegar.rachel@gmail.com and Lynette Blum at lynetteblum@hotmail.com</p>

Fundamentals of Fetal Health Surveillance

Offered by: Lynette Blum, RN and Rachel Pinnegar, RN

In order to secure a seat in this course, you must submit this completed registration form and email it to pinnegar.rachel@gmail.com. You will receive email confirmation that you have secured a spot. You must register for the course at least 4 weeks in advance.

Date/Time: October 6, 2025 - 0830-1630

Where: Orillia Soldiers Memorial Hospital – GOMED Training Room

Cost: Free for OSMH Nurses

\$195 - Midwives, Physicians and external healthcare providers

Payment: please send etransfer and form to: pinnegar.rachel@gmail.com
(see Terms and Conditions below)

Participant information
First and Last Name:
Telephone:
Email:
Professional Designation:
Home Hospital (where do you work):

***Terms and Conditions:**

If you cancel 15 days or less prior to the course and we are unable to fill your spot or do not show up for the course you will not be eligible for a refund. That amount cannot be credited towards a future course. You will receive an email confirmation that you have secured a spot in the course.

I have read and agree to all of the terms listed above: