

Women & Children's Health Network CENTRAL REGION NORTH

# Cervical Cancer Screening

### Who needs Cervical Cancer Screening?

Currently, the Ontario Cervical Screening Program recommends that anyone with a cervix (women, transmasculine and non-binary people) who is or ever has been sexually active have a Pap test every 3 years starting at age 21. If you are under 25 years old, talk to your family doctor or nurse practitioner about whether you should wait until age 25 before starting cervical screening with the Pap test. You may stop regular screening with Pap tests at the age of 70 if you have had 3 or more normal tests in the previous 10 years.

## Eligible people need to get cervical screening even if they:

- Feel healthy and have no symptoms;
- Are no longer sexually active;
- Have only had one sexual partner;
- Are in a same-sex relationship;
- Have been through menopause;
- Have no family history of cervical cancer;
- Have received the HPV vaccine.

Note: People who have had a hysterectomy should talk to their doctor or nurse practitioner to see if they need to continue cervical screening.

### More information on Cervical Cancer Screening:

For additional information on the Ontario Cervical Cancer Screening Program, visit: <u>www.cancercareontario.ca</u>.

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